



Bandon Hill Primary School

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Dear Parents/Carer

With ever changing guidance, we thought it would be useful to have the below guide that explains what to do if you or anyone in your house shows symptoms of Covid 19 (coronavirus).

The government's guidance is that the following are symptoms of Covid 19 and that you only need to be displaying **ONE** of the symptoms to then follow the steps below.

The main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

A quick guide for parents/carers

What to do if...	Action needed	Return to school when
 <p>...my child has COVID-19 (coronavirus) symptoms</p>	<ul style="list-style-type: none"> • Do not come to school • Contact school daily • Self-isolate • Get a test • Inform school immediately about test results 	...the test comes back negative
 <p>...my child tests positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Do not come to school • Contact school daily • Self-isolate for at least 10 days • Inform school immediately about test results 	...they feel better. They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.
 <p>...somebody in my household has COVID-19 (coronavirus) symptoms</p>	<ul style="list-style-type: none"> • Do not come to school • Contact school daily • Self-isolate • Household member to get a test • Inform school immediately about test results 	...the household member test is negative
 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Do not come to school • Contact school daily • Self-isolate for 14 days 	...the child has completed 14 days of self-isolation

 <p>...NHS test and trace have identified my child as a 'close contact' of somebody with symptoms or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Do not come to school • Contact school daily • Self-isolate for 14 days 	<p>...the child has completed 14 days of self-isolation</p>
 <p>...we/my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> • Do not take unauthorised leave in term time • Consider quarantine requirements and FCO advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Do not come to school • Contact the school daily • Self-isolate for 14 days 	<p>...the quarantine period of 14 days has been completed</p>
 <p>...we have received advice that my child must resume shielding</p>	<ul style="list-style-type: none"> • Do not come to school • Contact the school as advised by the attendance officer/pastoral team • Shield until you are informed restrictions are lifted and shielding is paused again 	<p>...school/other agencies inform you that restrictions have been lifted and your child can return to school again.</p>

It is really important to note that if any of the members of your household show symptoms then the whole household should self-isolate until the results of the test have come back as negative.

Can we please ask that during this time if you are calling in to report an absence that you give specific details about the reason for your child being unable to attend school.

I hope you find the above chart helpful

Many Thanks

Miss Rodger
Head Teacher